

NAM COLLEGE KALLIKKANDY

(Affiliated to Kannur University, Accredited by NAAC with B Grade)
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3.4: EXTENSION ACTIVITIES

3.4.1: Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.



ENVIRONMENTAL DAY CELEBRATIONS 05-06-17

In association with Environment day observation the NSS volunteer distributed the saplings among teachers, non-teaching staffs and students on June 5th 2016 .320 saplings were planted in the campus

and adopted village along with Thripragottur Panchayath members and Kudumbasree. Saplings were provided by Forest Department Govt of Kerala. The programme was inaugurated by Panchayath president Sri.Katoor Muhammed.Principal KK MUSTHAFA, Namshad KP,Mini mol VK Programme officer NAM College unit number 31 and 32. The campaign started at 10 am in the morning and concluded at 1pm. The objective of this activity was to spread awareness of planting more and more trees to save the environment.



READING DAY CELEBRATION 20-6-17 TO 23-06-17

PUSTHAKA KOOD 23-06-17





The NSS units organized a book donation campaign for setting up a library for a school which doesn't possess a library of its own. The programme was conducted under the name Pusthaka kood 'in2017. The bookscollected from staff and students of the college were donated to the school library BLPS Kallarakkal, Chendayad UP School We donated 180 books each to the Principal of the chool. The books we donated included various story books, novels, (fiction and non-fiction), encyclopedia, dictionary etc.

POSTER MAKING COMPETITION 21-06-17

The NSS unit observed antidrug day by conducting antidrug awareness rally at Kallikkandy town. Around 50 students participated in the rally. In the campus they exhibit pluck cards and posters. Students also took anti drug oath. The NSS Programme officer Namshad K..P and Lt. A.P. Shameer, Dr. T. Majeesh were led the programme. Also conduct poster making competition on drug abuse and its impacts on society in collaboration with VIMUKTHI Club.



AWARENESS PROGRAMME AGAINST DENGUE FEVER 7-07-17

Our Unit 31 volunteers gave doorstep awareness and distributed notice contented about the preventive measures to avoid Dengue Fever, They survived 200 homes around. Stagnant watered drums, pots, water cans, stone grainer were cleared and advised to maintain good and clean environment. Volunteers distributed pamphlet that explains prevention and precaution on dengue fever. The programme inaugurated by Panchayath President **Sri. Kattoor Mahamood**. Standing Committee Chairman Sri. Sameer Parambath gave the presidential address. Nisha Nelliyat, Vice President, Members **P. Sathyan, A.P Vasantha, Namshad K.P and T.P. Musthafa** spoke in the occasion.





CLEANING CAMPAIGN AT PANOOR HOSPITAL 11-07-17

NAM NSS students undertook cleanup project with the aim of combating the epidemic diseases. The premises of hospitals and rooms were cleaned and tree seedlings were planted. Ramla Teacher inaugurated the program. Superintendent Dr Anil Kumar, Health Supervisor V. Ajayakumar, K.P. Namshad, Minimol V.K, Megha Surendran spoke on the occasion.





ദേശാഭിമാനി KNR

2017 ജൂലൈ 12 ബുധൻ 13

പാനൂർ ജനറൽ ആശുപത്രി ശുചീകരിച്ചു

പാനൂർ > വർധിച്ചുവരുന്ന പകർ സ് യൂണിറ്റിന്റെയും നെഹ്റു യു വി റംലയും വിദ്യാർഥികൾ

ചാനുർ > വതധവച്ചുവരുന്ന പാച്ചു ച്ചവുഡി രോഗങ്ങളെ ചൊക്കുക എന്ന ലക്ഷ്യത്തോടെ വിദ്യാർഥി കൾ ആശുപത്രിയിൽ ശുചീകര യും പതിസരവും ശുചീകരിച്ചത്. ഒരുവത്രിയിൽ ശുചീകര യും പതിസരവും ശുചീകരിച്ചത്. ഒരുവുന്ന് വി അടയാച്ചാൾ, കെ അശുപത്രി വാർഡും ശുചീകരി സഹീറ എന്നിവർ സംസാരിച്ചം.





FREE HOMEO MEDICINE DISTRIBUTION AND AWARENESS CLASS 12-07-17

NSS Unit of NAM College, Kallikkandy conducted the program in co operation with the Thalassery Homeopathic Medical Association. Principal K.K. Musthafa had done the



presidential address. Dr. K. Aboobacker inaugurated the function with a heart throbbing class. Dr. Rashid Abdulla, Dr. Habeeba Rashid, Dr. Aswathi Hilda, NSS program officers Minimol V.K , Namshad K.P spoke.





മലയാള മനോരമ

2017 ജൂലൈ 13 വ്യാഴം

ഡെങ്കിഷനി പരിശോധന

പാനൂർ • ഡെങ്കിപ്പനിക്കെതി രെ കല്ലിക്കണ്ടി എൻഎഎം കോളജ് എൻഎസ്എസും തല ശ്ശേരി ഹോമിയോപ്പതിക് മെ ഡിക്കൽ അസോസിയേഷനും ചേർന്ന് സൗജന്യ പരിശോധന യും മരൂന്ന് വിതരണവും നടത്തി. ഡോ. കെ. അബുബക്കർ ഉദ്ഘാട നം ചെയ്തു. പ്രിൻസിപ്പൽ ഡോ. കെ.കെ.മുസ്തഫ അധ്യക്ഷത വഹിച്ചു. ഡോ. റാഷിദ് അബ്ദു ല്ല. ഡോക്ടർമാരായ ഹബിബ റാഷിദ്, ഡോ. അശ്വതി ഹിൽദ, എൻഎസ്എസ് പ്രോഗ്രാം ഓഫി സർമാരായ വി.കെ.മിനിമോൾ, കെ.പി.നംഷാദ് പ്രസംഗിച്ചു.

NATURAL FARMING-ONATHINORU MURAM PACHAKKARY 15-07-17

Agriculture is affected by climate change and also contributes to it. As a sector, agriculture



must therefore adapt to changes and offer for mitigation, options reducing greenhouse gas emissions and store carbon. Agricultural land use contributes to 12% of global greenhouse gas emissions. This figure is rising. As demand for food increases, farmers are clearing land resulting new in deforestation, tilling of pasture and soil

degradation. This activity opens carbon sinks and so releases greenhouse gases. Agriculture

must also adapt to changes in climate in order to provide food security. Rising temperatures and decreasing water availability are reducing yields particularly in developing countries where agriculture is vital for the food security of these populations. Extreme weather events such as droughts and floods are making cropping and animal production even more prone to failure.



The main aim of the program is to cultivate and preserve the vegetables for use in the Onam season. So sustainable cultivation was done on the basis of seasons. The cultivation includes the crops of Tomato, Spinach, Ladys Finger, Green Chilly, Beans.etc.

Planted variety of vegetable seeds in 25 cent land near campus with the help of agricultural department in the name of "ONATHINORU MURAM PACHAKKARY". Thrippangottur Panchayath President Kaattoor Muhammed inaugurated the Function. Principal K.K. Musthafa presided over the function. Agricultural officer N.K. Pramod, Sameer Parambath, VPramod, NSS Program Officer V.K. Minimol, Dr. M.K. Madhusoodhanan, E. Ashraf, M.K. Abdul Raheem and Shemin Shaharas spoke. Volunteers Megha Vijayan, V.P. Divin, Muhammed Rashid, K. Anwaika, K.K. Asnath lead the team. Teachers and students were also joined In the village festival.

ദേശാഭിമാനി പീക്ഷണ

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ഓണത്തിന് ഒരു മുറം പച്ചക്കറി

ബുധൻ ജൂലൈ

ഓണത്തിന് ഒരു മുറം പച്ചക്കറി പദ്ധതിക്ക് തുടക്കമായി

-മാധ്വമം

2017 ജുലൈ 18 🔸 ചൊറ്റ



ഓണത്തിന് ഒരുമുറം പച്ചക്കറി പദ്ധതി

പാനുർ: കല്ലിക്കണ്ടി എൻ.എ.എം കോളജിൽ ഓണത്തിന് ഒരു മുറം പച്ചക്കറി പദ്ധതി തുടങ്ങി. കോള ജ് എൻ.എസ്.എസ് യൂനിറ്റ് തൃപ ഭങ്ങാട്ടൂർ കൃഷി ഓഫിസിൻെറ സ ഹകരണത്തോടെയാണ് പദ്ധതി

ഹകരണത്തോടെയാണ പദ്ധത്ത നടപ്പാക്കുന്നത്. 25 സെൻറ് ഭൂമി പച്ചക്കറി നടാ നായി പാകപ്പെടുത്തി. വളൻറിയ മോട്രെട്ടനും അധ്യാപകരുടെയും നേതൃത്വത്തിലാണ് ഭൂമികൃഷിത്താ ഗുമാക്കിയത്. ഓണത്തിന് വിളവെ

റി നട്ടുപിടിപ്പിച്ചത്. തക്കാളി, ചീര, വെണ്ട, വെള്ളമി, കക്കിരി, പൊട്ടി ക്ക, പടവലങ്ങ, പച്ചമുളക്, പയർ തുടങ്ങിയവയുടെ തൈകളാണ് നട്ടത്. തൃപ്രങ്ങോട്ടൂർ പഞ്ചായ തത് പ്രസിഡൻറ് കാട്ടൂർ മൃഹമാ ദ് ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസി പ്പൽ ഡോ. കെ.കെ. മുസ്തഫ അ ധ്യക്ഷത വഹിച്ചു. കൃഷി ഓഫിസ ർ എൻ.കെ. പ്രദോദ്, സമീർ പറമ്പ ത്ത്, വി. പ്രമോദ്, എൻ.എസ്.എ സ് പ്രോഗ്രാം ഓഫിസർ വി.കെ. മി നിമോൾ, ഡോ. എം.കെ. മധുസൂ ദനൻ, ഇ. അശ്റഫ്, എാ.കെ. അ ബ്ദുൽ റഹീം, ഷമിൻ ഷഹറാസ് എന്നിവർ സംസാരിച്ചു.

വളൻറിയർമാരായ മേഘ വിജ യൻ, വി.പി. ദിപിൻ, മുഹമ്മദ് റാ ഷിദ്, കെ. അബൈക, കെ.കെ. അസ്നത്ത് എന്നിവർ നേതുത്വാ നൽകി. അധ്യാപകരും വിദ്യാർഥി കളും നടീൽ ഉത്സവത്തിൽ പങ്കാ

പടയണി

ഓണത്തിന് ഒരു മുറം പച്ചക്കറി പദ്ധതിക്ക് തുടക്കമായി



2017 • BULDO 26 • ARWINDS

ബുധൻ



അയൽപക്ക യുവ പാർലമെൻറ്

ചർയൂര് കള്യിക്കാൻ എൻ.എംഎം കേരളയിൽ അന്തർഷക്ക യൂവ പാ ട്രോക്കാർ സൗലടിച്ചിച്ചു. കണ്ണു ക രേഹർന്ദ്ര യൂവാകക്രന്മുടെയും കരിയാട് പി.എം.എസ്. സ്വ്യൂടെ കരിയാട് പി.എം.എസ്. സ്വ്യൂടെ കരിയാട് പി.എം.എസ്. സ്വ്യൂടി കരിയാട് പി.എം.എസ്. സ്വ്യൂടി കരിയാട് പി.എം.എസ്. സ്വ്യൂടി ഒര് നെത്തുബത്തിലാണ് പഴിപാ ത്രെ നേത്തുബത്തിലാണ് പഴിപാ ത്രെ നേത്തുബത്തിലാണ് പഴിപാ ത്രെ സ്വേദ്ധ പ്രത്യോക്ക് പ്രത്യുത്ത് സ്വാർക്ക ത്രത്യ സ്വേദ്ധ പ്രത്യാക്കും പ്രത്യേഷ്ട്ര പ്രത്യേഷ്ട്ര വാര് സ്വാർക്ക് പര്യസ്ത്ര താർ നേത്തുബത്തിലാണ് പഴിപാ താർ സ്വാർക്ക് പരസ്യവര്, പ്രക്യം അതിൽ ഡോ.എം.കെ. മാസ്റ്റസ്ത









Ministry of Youth Affairs & Sports Govt. of India

Neighbourhood Youth Parliament

under the auspices of NYKS Kannur in association with PMSC Kariyad

National Service Scheme NAM College, Kallikkandy

On 25th July 2017

NAM College Seminar Hall

SWACHHTA PAKHWADA AWARENESS CAMPAIGN 1-08-17 TO 15-08-17

Cleanliness is the act of keeping our body, mind, dress, home, surroundings and other work area neat and clean. Cleanliness of the body is very necessary for our physical and mental health. Cleanliness of the surrounding areas and environment is very necessary for the social and intellectual health. Dirty things in the surrounding areas or home give rise to the various disease causing germs, bacteria, virus and fungus.

Cleanliness also improves the confidence level and self-respect as well as respect from others. It is a good habit which keeps us always happy. It makes us feel very proud in the society. Cleanliness is very necessary to maintain our healthy lifestyle and standard of living.

N.A.M College, Kallikkandy has observed 'Swachhta Pakhwada' with full zest and enthusiasm. All the NSS Volunteers and other Students actively participated in 'Sawachtha Pakhwada' between August 1st, 2017 and August 15th, 2017.

01-08-17

The students were addressed by the Librarian **Munfar Kappil** on the topic 'Sanitary Good Practices'. The programme was inaugurated by College Principal **Dr.KK**



Musthafa. After that exhibited short film to volunteers related to swachtha Wherein the students realised the importance of cleanliness and sanitation, as the role of schools has been instrumental in realizingthe mission of Swachh Bharat. Thus, all the above activities conducted by the college, enabled it to take this mission of Cleanliness to the community, thereby creating mass

awareness.

After that, an interaction session on importance of cleanliness was organised. The members of NSS interacted with other students and the union members of the college. Various suggestions were taken from the students on how to maintain cleanliness and hygienic environment in college premises.

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05-07-17; CLEANED PANCHAYATH LIBRARY AT KALLIKKANDY







07-08-17; CLEANED KALLIKKANDY TOWN WITH THE HELP OF PANCHAYATH MEMBERS AND KUDUMBASREE.



THE ANGANWADI HAS BECOME BRAND NEW AMONG STUDENTS FELLOWSHIP. 08-08-17:.





NSS Students of NAM College become role model for others by painting and cleaning the premises of Anganwadi in Kallikkandy town. The duration of the program was 2 days under the project of Central Government. On the first day, 50s of NSS volunteers cleaned the Anganwadi and then cleaned the Panchayath Library. Following day has been used to paint the Anganwadi.

The Program was inaugurated by Panchayath Standing Committee Chairman Sameer Parambath. Program Officer Namshad K.P gave the presidential address. Panchayath Secretary T.P Musthafa. Anganavadi staffs Sulochana,, K.P. Devi spoke a few words. Volunteers Akhil Asad, V.K. MuhammedRashid, P.K. Muhammed, Muhammed Afreed, V.K. Usama, K. Muhammed Irfan, V.K. Ambili, Megha Surendran lead the program.



പടയണ

അംഗനവാടി ശുചീകരിച്ച് വിദ്യാർത്ഥികൾ മാതൃകയായി

പാനൂർ: അംഗനവാടി ശു ചീകരിക്കുകയും പെയിന്റടി ക്കുകയും പെയത് വിദ്യാർതറി

മാർ അംഗനവാടി മുഴുവനും അധ്യക്ഷത വഹിച്ചു. പഞ്ചാ ശാർ അംഗനവാടി മുഴുവനും അധ്യക്ഷത വഹിച്ചു. പഞ്ചാ ശുചീകരിച്ചു. പിന്നീട് പഞ്ചാ യത്ത് സിക്രട്ടറി ടി.പി മുസ് യത്ത് വൈബ്രവിയും വ്യത്തി തഫ, അംഗനവാടി ജീവന സാക്കി മാക്രമായി. കല്ലി തൽ വിവര്യ വുത്തിയും വുത്തിയു





ഗഗനവാടി കെട്ടിടം പെയിന്റടിക്കുന്ന കല്ലിക്കണ്ടി എൻ എ എം കോളജിലെ എൻ എസ് എസ് വളങ്ങിയർമാർ

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അങ്കണവാടി ശുചീകരിച്ചു

പാനൂർ: കല്ലിക്കണ്ടി എൻ.എ.എം. കോളേജ് എൻ.എസ്.എസ്. വൊളൻറിയർമാർ ടൗണിലെ അങ്കണവാടി കെട്ടിടം ശുചീകരി ച്ചു. 50 വിദ്യാർഥിക്കാ രണ്ടുദിവസത്തെ ശുചീകരണ പ്രവർത്ത നങ്ങളുടെ ഭാഗമായി കെട്ടിടത്തിന് പെയിൻറടിച്ചു. പഞ്ചായ ത്ത് ലൈബ്രറിയും ശുചീകരിച്ചു. പഞ്ചായത്ത് സ്ഥിരംസമിതി അധ്യക്ഷൻ സമീർ പറമ്പത്ത് ഉദ്<mark>ഘാടനംചെയ്തു. പ്രോഗ്രാം</mark> ഓ ഫീസർ കെ.പി.നംഷാദ് അധ്യക്ഷതവഹിച്ചു. പഞ്ചായത്ത് സെക്രട്ടറി ടി.പി.മുസ്തഫ, എം.പി.സുലോചന, കെ.പി.ദേവി എ ന്നിവർ സംസാരിച്ചു.

WASTE MANAGEMENT SURVEY AT TRIPRANGOTTUR GRAMMA PANCHAYATH-HARITHA KERALAM. 10-08-17;

As a part of Green Kerala Project, NSS unit of NAM College conducted a survey to know about the various projects implemented in Thriprangottur Panchayath and to create awareness on the harmful effects of plastic. Health Standing Committee Chairman Sameer Parambath inaugurated the program. Program Officer Namshad K.P, Megha Surendran, T Divin led the survey.







VISIT TO PLASTIC RECYCLING CENTER 19-08-17

The representative of NSS units and programme officers went to the plastic recycling



center on 19th August. The trip aims to implement Re-4 project. At the center we saw the process of recycling the collected waste plastic bags. The recycled plastics were made in to useful things such as ropes, water tank connecting pipes etc.





ONAM-BAKRID CELEBRATION AT MYTHRI SPECIAL SCHOOL 23-08-17

The NSS volunteers of NAM College celebrated Onam Bakrid Festivals with Mentally Challenged students of Mythri Special School in Kadavathur.In the morning around 30



volunteers with programme officers went to the Maythri school. The volunteers decorate the school and the students of Mythri with the dress of Mahabali. At Mythri there were students different ages with disabilities of hearing, speaking and mentally ill, autism etc. The volunteers interacted with them and distributed chocolates . There was beautiful cultural programme by the special school students and our volunteers. Really our volunteers realized that how lucky they were with the blessings of God.

The official session began at 12.30 pm. The program was inaugurated by Thrippangottur Panchayath President Sri. Muhammed Kaattoor. The Principal of NAM College Sri. Musthafa K.K. addressed the welcome speech. Following that the DYSP of Thalassery Mr.Prince Abraham spoke a few words in main

speech. He said that he felt happy to be a part of this function as he got a chance to meet and

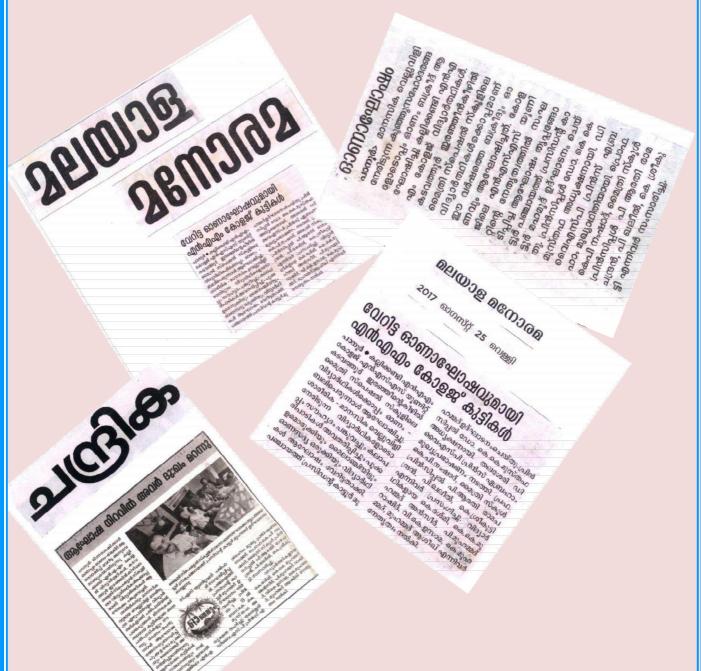
be with the children of heaven.. After the official function we arranged grand Onasadhya. The principal and other members had food with the students of Mythri. Mr. K.P Namshad, Mythri School Principal Aarathi Ramachandran, P Khaleel, K Sreekutty spoke on the stage. Members of management committee of our college were attended the function Students K. Reshmi. Anseer. Muhammed Rashid, V.K. Usama, Muhammed and Muhammed Ashik managed the program well.



The departure from the school was a heart touching moments. Both our volunteers and the students enjoyed the day very much.







മെയ്രാക്കാരം ഭർശക്കാധാരം

മാനസിക വെല്ലുവിളി നേരിടുന്നവർക്കൊക്ക് ഓണമാഘോഷിച്ച് വിവ്വാർഥിസംഘം മാധ്യമം

പതുർ: മാനസിക വെല്ലുവിള് തേരിടുന്നവർക്കൊപ്പം മാണ മാഘോഷിച്ച് വിദ്യാർഥികൾ മാണാരഘോഷം വേറിട്ടതാംത്. കല്ലിക്കണ്ടി എൻ.എ.എം കോ ഉജ് വിദ്യാർഥികളാണ് കടവത്തു ർ ഇത്തെന്റെക്ക് അവേത് സ് പെഷൻ സ്കൂളിലെ വിദ്യാർത് പർക്കേത്രാം മാണമാരഘോഷി



യങ്ങളുപ്പു കുട്ടുക്കാര ശാരായ ഉഴുന്നു. കോളജിലെ എൻ.എസ്.എ സ്.എൻ.സി.സി. സ്.എൻ.സി.സി യുന്നിറ്റുകളാണ് പരിപാടി സാഘ ടിപ്പിച്ചത്. പഞ്ചാതത്ത് പ്രസിവാൻറ് കാട്ടർ തുഹമ്മ പരിപാടിയുടെ ഉദ്ഘാലനാ നിർവഹിച്ചു. പ്രിൻസി പ്രൽ ഡോ.കെ.കെ. തുസ്തപര അധ്യക്ഷത വഹിച്ചു. പഞ്ചായത്താഗങ്ങളായ സമീർ പറമ്പത്ത്, സക്തി ത ക്രൈൽക്ക്, പുളാട്ടുമ്മാൽ തമ്മർ ഹാര്യം, നേല്ലു ക് ഇസ്മായിൽ, അടിയൊട്ടിൽ അമ്മർ പറ്റർ.സി. ഓഫിസർ ലഫ്. എഫി. ഷത്ർ, എൻ.എസ്.എ

സ് പ്രോഗ്രാം ഓഫിസർമ്മായെ മിനിമ്മോർ, നംഭാ ർ, ഡോ.ടി മരീഷ്, ഡോ. എം.കെ. മധ്യസ്വാദൻ, പട്ടാട്ടത്തിൽ ഇസ്മായിൽ, വൈതി സ്കൂർ പ്രിൽ സിപ്പൽ ആതി രാച്ചംവൻ എന്നിവർ സംസാർ ച്ചു. വിദ്യാർഥികളായ ഷബാൻ, അനസിർ, വർമ്മ, മുംതാസ് മുന്നീർ, പ്രബിൻ സ്വാമാകർ, ജൈനല അ ശോക് തുടങ്ങിവേദി നേതൃത്വം നൽകി. വിവേസ മുമായെ ഓണസർ്യതും ഉണ്ടായിരുന്നു.

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ഓണം-ബക്രീദ് ആഘോഷം വേറിട്ടതാക്കി വിദ്യാർഥികൾ



സ്പെഷ്യൽ സ്കൂൾ വിദ്യാർഥികൾക്കൊപ്പം ഓണാഘോഷം

പാനൂർ: കളിക്കണ്ടി എൻ.എ.എം. കോളേജ് വിദ്യാർഥി കഠം മാനസികവെള്ളവിളി നേരിടുന്ന വിദ്യാർഥികശക്കൊ പും തെന്തായേറാഷിച്ചു. കടവത്തൂർ ഇത്തെൽൻ കീഴിലെ കൊള്ളി സ്പെട്ടുൽ സ്കൂളിലെ എഴുവതോളം വിദ്യാർഥിക്കു. മാമി അവർ സൗവ്യർം പങ്കിട്ടു. കോളേജ് എൻ.സി.സി., എൻ.എസ്.എൻ. യൂണിറ്റുക യുടെ നേതൃത്തിലായിരുന്നു ആഘോഷം ഗ്രാമപ്പെച്ചായ അ് പ്രസിഡൻൻ കാട്ടൂർ മുഹമർ ഉർവേടനം ചെയ്യു. പ്രിൻസിപ്പൽ ഡോ. കെ.കെ.മുസ്വവ അധ്യക്ഷതവഹിച്ചു. സമീർ പാമ്പാൽ, നെല്ലൂർ ഇസ്വയിൽ, അടിയോളിൽ അമേർ, എപിഷർർ, വി.കെ.മിൻമോടം, മെ.പി.നംഷൻ, ചോട്രം പ്രചീഷർ, ഡോ. എം.കെ.മ്യൂസ്വൻ, പട്ടാടത്തിൽ ഇന്നു. ടി.ജ്മിഷ്, ഡോ. എം.കെ.മ്യൂസ്വൻ, പട്ടാടത്തിൽ ഇന്നു.



NATURE CAMP 18-09-17 TO 20-09-17

The NSS units of N.A.M College attended two day nature camp at Aralam wild life sanctuary. Prof.Namshad.KP, Prof: Haseeb.V.V,Prof:Mini Mol VK escorted the volunteers. The team reached Aralam wild life sanctuary at. 3.00 pm on 18th Sept, 2017 by bus. Creating eco-friendly attitude and love for nature was the chief objectives of the camp. The volunteers performed bird watching, trekking plastic waste removal at Aralam wild life sanctuary. Sri.The chief wildlife warden, distributed the participation certificates.

It was a wonderful experience to our volunteers to feel the beauty and silence of forest.









ONE MILLION GOAL PROGRAMME. 27-09-17

Being the part of Keralas One Million Goal campaign to promote the FIFA U-17 World Cup , students NAM College in Thrippangottur Panchayath shoot the kicks. A total of 2500 goals were scored in 7 centers. People from different areas of life including women and children were excited to score goals. The goal shooting started from 3 pm and ended by 7 pm in all centres. The Panchayath was meant to score over 5000 goals.



The Panchayath level inauguration was held at Kadavathur West UP School. AEO CK Sunil Kumar Inaugurated the ceremony. Panchayath President Kaattoor Muhammed, Block Panchayath member Dr Salma Mahamood, NSS Program Officer Namshad K.P, Members Nelloor Ismayil, Sakeena Thayyil, Panoor BPO Pradeep, Head Master P Ashokan, Shijil K, Rajesh K, Akmal CH scored the goals.

NSS volunteers and Kudumbasree members jointly made groups and campaigned in 7 centres and made the project huge success.

The program was conducted in Kadavathur Vocational Higher Secondary School, Kadavathur Town School, Kallikkandy Mini Stadium, NAM College, Vilakottur UP School, premises of Poyiloor Sree Narayana madam and Paremmal UP School.

One million goal programme was conducted in college.462 students participated in this programme. The programme was inaugurated by College Vice Principal Dr. MuhammedKutty.



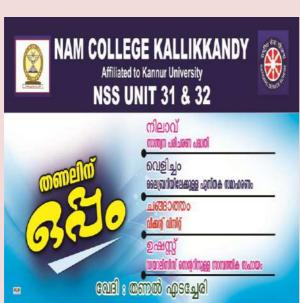
OPPAM-THANAL PROJECT 21-10-17 TO 22-10-17

Objective:

- To sensitize students to social work.
- To sensitize students to social work
- > To sensitize students to the predicaments and problems of aged people.
- To become aware of the joy of serving and being with the aged.

Project Initiatives:

- Changatham-Weekend visit
- <u>Velicham-</u>Collecting Library books and Setting Library at Thanal.
- **Nilavu-**Two day residential camp with Thanal home inmates.
- <u>Ushas-</u>Financial assistance for dialysis patients at Thanal home.







'തണലിൽ ഒ്പം' സാന്ത്വനത്തിന്റെ പാതയിൽ അന്തേവാസികൾക്കൊപ്പം ആടിയും പാടിയും എൻ.എസ്.എസ് വളണ്ടിയർമാർ























നിരാലംബർക്കൊഷം വിദ്യാർഥികൾ 'തണലിൽ' ഒത്തുകൂടി

നാദാപുരം: തണലിലെ അന്തേ വാസികളുമൊത്തു രണ്ട് ദിവ സം കഴിയാൻ കഴിഞ്ഞതിലുള്ള ചാരിതാർഥ്യവുമായി കല്ലിക്കണ്ടി എൻ.എഎം കോളജിലെ എൻ എ സ് എസ് വളണ്ടിയർമാർ. അത്തേ വാസികളുമായി വിദ്യാർഥികൾ ര ണ്ടുദിവസം കൂടെ കഴിഞ്ഞു.'ത ണലിൽ ഒപ്പാ' എന്ന പദ്ധതിയു ടെ ഭാഗമായി സാന്ത്വന പരിചര ണത്തിൽ വിദ്യാർഥികളെ സജ്ജ മാക്കുന്നതിനായിരുന്നു ക്യാംപ്

കോളജിലെ ഒന്നും രണ്ടും വ ർഷ വിദ്യാർഥികളായ നൂറ് വള ണ്ടിയർമാർ ചങ്കെടുത്തു. നിരാ ലംബരുടെയും വയോധികരുടെ

യും വൃക്ക രോഗികളുടെയും ആ ശാകേന്ദ്രമായ 'തണൽ' ശുംഖല യുടെ എടച്ചേരി സെന്ററിലാണ് വിദ്യാർഥികൾ എത്തിയത്. ജീ വനക്കാർ പരിശീലനത്തിനായി പോയ ദിവസമാണ് അന്തേവാ സികളെ പരിചരിക്കാൻ വിദ്യാ ർഥികൾക്ക് അവസരം ലഭിച്ചത്. പങ്കെടുത്ത വരൊക്കെ സാന്ത്വന പരിചരണത്തിൽ ആദ്യമായാണ് പങ്കാളികളാകുന്നത് വിദ്യാർഥി . കളുടെയും അന്തേവാസികളു ടെയും കലാപരിപാടികളും നട ന്നു. വളണ്ടിയർമാരായ പി.കെ ദിവിൽ, എപി.സഹ്നീന, ബി.ഷാ ക്കിർ. മുഹമ്മദ് മുഹമ്മദ് ഹാഫി

സ് അഞ്ജലി നേതൃത്വം നൽകി. ക്യാംപിന്റെ ഭാഗമായി തണ ൽഅനോവാസികൾക്ക്ലൈബ്ര റി പുസ്തക സമാഹരണ യജ്ഞ ത്തിന്റെയും. വൃക്ക രോഗികൾ ക്ക് ഡന്താലിസിസിന് ധന സഹാ യം നൽകുന്ന 'ഉഷസ് പദ്ധതിയു ടെയും ആങ്പതോനും അതേവാ സികൾക്കൊപ്പാതുദിവസംചെ ലവഴിക്കുന്ന ചങ്ങാത്തം പരിപാ ടിയും അന്തേവാസികൾക്ക് വി ഷജന്യ പച്ചക്കറികൾ ഉൽപാദി പ്പിക്കുന്ന 'സമ്യവധ്' പദ്ധതികൾ ക്കും തുടക്കം കുറിച്ചു. 'എടച്ചേ രിസബ് ഇൻസ്പെക്ടർപ്രദിപ് കു

മാർക്യാപ് ഉദ്ഘാടനംചെയ്തു.

നാടുവർത്തമാനം



'തണലി'ൽ എൻ.എസ്.എസ്. ക്യാമ്പ്

മാരവുമം: എടച്ചേരി തണലിൽ കഴിയുന്നവർക്ക് ആശ്രയ മായി രണ്ട് ദിവസത്തെ കുറമ്പുമായി വിദ്യാർഥികളെത്തി. കല്ലിക്കണ്ടി നൂൽ-എ-എം.കോളേജിലെ എൻ.എസ്.എ മാൻറ നുറ് വിദ്യാർവികളാണ് കുറമ്പ് നടത്തിയൽ, രണ്ട് അദ വാസികാക്ക് ഒരു വൊള്ളർറിയർ എന്ന നിലയിൽ ഗ്രൂപ്പുക ഒരി തിരിച്ചായിരുന്നു പരിചരണം. തണലിലെ ജിവനക്കാർ ദിശീലനത്തിന് പോയതിനാലാണ് വിദ്യാർഥികറാക്ക് അവ മം ലഭിച്ചത്.

് തന്ത്രായ്യ്യ് പോയതിനാലാണ് വിദ്യാത്ഥകായാ ലഭിച്ചത്. ലഭിച്ചത്. പ്രോഗ്യാം ഓഫീസർ കെ.പി.നംഷാദിന്റെയും വി.കെ പ്രോഗ്യാം ഓഫീസർ കെ.പി.നംഷാദിന്റെയർമ്മാരായ പി.ക എ. എൻ.കെ.ത്രിന്ത്യ്യ കെ.കെ.ഹംന. സി.നഹൽ ക എ. എൻ. നേത്രയും വഹിച്ചു. സഹവാസ ക്യാമ്പ് എഴെ സ്.ഹ്യോഗ്യാര്യാര് ഉദ്ഘാടനം ചെയ്യു. വർസിച്ചര് ക്യാമാർ ഉദ്ഘാടനം ചെയ്യു. വർസിച്ചര് ക്യാര്യാര്യാര്യവര്ന്നു. എ.പി.ഷൻർ. കേ തെയും കെ.പി.നംഷാർ. എ. കെ.ധ്യസുമനൻ. വി.ക മോറം. ഡോ:അബ്ലുറഹ്ന്, തെൽ മണ്ടിക്കോത്ത്. വി.

































തണൽ അഭയകേന്ദ്രത്തിലെ അന്തേവാസികളെ പരിചരിക്കാൻ എൻഎസ്എസ്







തേജ

നൂറ് എൻഎസ്എസ് വോളന്റിയർമാരുടെ ദ്വിദിന ക്യാംപ് തണലിൽ



NILAVU

NSS students of NAM College stayed with the inhabitance of Thanal for two days and formed a project named "THANALIN OPPAM". As a part of this project hundreds of



volunteers stayed THANAL.The camp was organized in the THANAL branch in Edachery which is the centre and home for many orders people dialysis patients and those who have no want to look The camp after. conducted in order to prepare students

social welfare and peace. The students from first and second years of college participated in the camp they got the chance due to going of staffs for their practice. Voluntiers got excited to participate in the camp as they came to know about treating the patients. The volunteers where treating the patients for the first time without any fear or shame volunteers treated the patients in bed. Program officer Namshad. KP feared on thinking about the volunteers reaction on treating the patients. Program officers Namshad kp and Mini mol vk done the camp in a different way. The treating was done on the count of two volunteers for one patient. The programs of students and inhabitance where conducted. Volounteers shared their stories sing

songs and danced well to

entertain the inhabitance patients and made the camp a wonderful expirience.it was to be noted the volunteers way of treating the patients by giving them food, taking them to bed, doing daily routine and changing clothes. Volunteers where very happy by doing this. Female volunteers got tears in their eyes by hearing the stories of inhabittece.when the inhabitance was saying about their children and how they reached hear volunteers can only give a angry feeling those who orbit their



parents.voulounteers PK Divin,Megha Sureendran,Shemin Shaharas, Sreenithys,KK Hamna,Nahal,made the camp amazing.Meghha Surendran,P Safreena,Shakkr,Muhammed, sing and danced to make the patience happy.NSS secretary Muhammed Hafis and Anjali said that two day in camp was a memorable experiencw.NSS motto not me but you has been clearly understood by the voulountees by the camp in THANAL.







അച്ഛനെയും അമ്മയെയും ഒരു വൃദ്ധസാധപത്തിലും വിടാതെ അവസാനകാലം വരെ നോക്കും എന്ന് തന്റേടത്തോടെ പറയാൻ കഴിയുന്ന എത്ര പേരുണ്ടിവിടെ ,,,,,??

<u>4</u>



CHANGATHAM

The campaign Changatham conducted on behalf of the project Thanalinu Oppam which was part of NAM Kallikandy NSS unit, was very successful. The aim of the project is to visit Edachery, Thanal Eradication Center on every Saturday in groups.

There are over 200 inhabitants living in Edacheri Thanal. Students help them to complete

their daily routine. After that, they will be presented with varieties of programs performed by NSS students and they will be able to present them with happiness. The project, which was taken up by the request of Edacheri Thanal Manager Ilyas Tharuvana, is very successful. As many as 300 college students participated in it. The volunteers got fascinated by hearing the stories of the inhabitants.





POTHICHOR -WORLD FOOD DAY OBSERVATION (17-10-16)

Hunger is one of the most serious and obvious manifestations of crisis in the world. Directly or indirectly it leads to many vices prevalent in the society ranging from robbery, abuses, exploitation, debts, suicides, HIV/AIDS, breakup of family relationships, poverty, death etc. NSS



Unit of N.A.M College wishes to intervene into curbing such occurrences and prevent hunger by our initiative "POTHICHORE". With the support and encouragement from generous hearts and kindness of humanitarians from all walks of life we wish to build a hunger-free society.

NSS comes up with an opportunity to put into action our beliefs and values that have become our legacy— helping the poor and needy. By opening our eyes to the poverty-stricken and impoverished fellow beings we are wiping the tears of many of our unfortunate brethren. The students of the college Arranged food on 17 October 2017 world food day. The food thus The food package was distributed to the residents of Government Childrens Home for Girls Eranhipalam, Thalasseryand the patients of Thalassery Government Hospital. The volunteers feed the poor by taking more than one packet of rice in their lunch. The program was conducted

in asssocation with Thalassery Janamaithri police. Janamaithri SI NajeebInaugurated the program. Program Officers Namshad K.P, Minimol V.K, Volunteers V.Chaitannya, V. Anhika, PV Divin, S. Nandana and Muhammed Fayis lead the program. 20 volunteers distributed 200 packages.



























ദേശിയതയുടെ ദിശാബോധം क्रमा

പൊതിച്ചോറ് വിതരണം ശ്രദ്ധേയമായി

Re-4 PROJECT, AWARENESS INITIATIVE AGAINST PLASTIC WASTE 08-11-17

NAM College Kallikkandy organised a project named Re-4(Recycle-Re use-reduce-



recover) on 8th November 2017 in order to fight against plastic and stop the use of plastic. The core aim of this program is to discourage the use of plastics and to aware students about the harmful effects of using plastic. In the First phase, the program was started in 4 schools of Thrippangottur Panchayath and Kunnothparamba Panchayath simultaneously. Every school being provided with a waste bin for the

purpose of collecting plastic, NSS Volunteers took motivational class for students of different classes in cooperation with the nature club.

The youngsters committed to spread the environmental message and wanted to eradicate plastic from the city. They urged the public to refrain themselves from the use of plastic in their daily life with the help of the school students. The Panchayath declared the ban of plastic ,but achieved little as these plastics are still freely used in the city. At the same time theprogramme was started at four different schools and it was in co ordination with the school environment club. The NSS volunteers took a class on "plastic use" for all the students of the



school.A video presentation were also done at the school.

Paremmal U.P School.

The Panchayath president Kattoor Muhammed Inaugurate the programme. The presidential address was given by KP Jayasheela. Also Prof. Namshad. KP, Girija, Theerthe Rajesh and Megha Surendran gave the felicitation. Kannamgode TPG Memmorial U.P School

The Inauguration was done by

Dr.KK.Musthafa,Principal NAM College,Kallikkandy.Sarath Ram Gave the Presidential address. And the felicitation was done by Sanal kumar,Shabana manoharan,K rinesh and Megha Surendran.

@PAREMMAL UP SCHOOL



@Kannangode TPG UP School



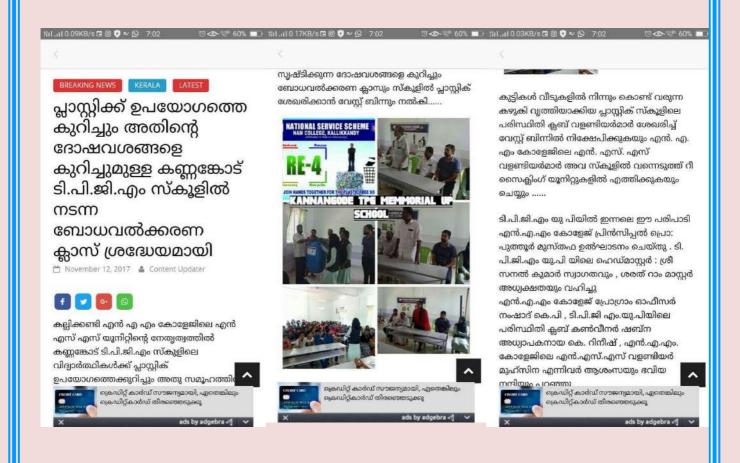
@Vilakottoor U.P School



Kolavalloor UP school



The head master V.Kamala done the inauguration and T.P Rajan gave the presidential address. The whole programme was managed by the programme officer Namshad.KP.The student volunteers anjana.p,Amaya,Anjali Rajeev, Megha Surendran Co-ordinate theprogramme.



MEDICAL CAMP 18-11-17

National Service Scheme Unit of NAM College organized an eye camp free of cost for the Thriprangottoor grama panchaytah ward 11 and 12. The objective of the camp was to provide free eye and general health checkups, and offer further free treatment for those patients who require surgery. The camp was organized with the help of ALSalama Eye Hospital, Kannur. 4 eye specialist doctors, 2 Counselors and one Camp Coordinator from the





hospital led the camp. The Camp started at 9.30 am and ended around 3.30 pm. About 212 villagers benefited by the camp. The doctors diagnosed the visitors for dental infections, defects, etc



DRESS COLLECTION 12-12-17

NSS students of N.A.M College collected clothes from different places and distributed it to eligible people. NSS leader went on each class and give details on how to collect clothes and



what is the purpose of collecting. NSS volunteers first collected the clothes from the homes of the students and surrounding areas. Then it has been beautifully packed and sorted by male, female and size. Students combined in groups and campaigned in places like Panoor, Kadavathur, Peringathur, Parakkadavu, Nadapuram, Kallikkandy, Vilakkottur and Kadameri. People who donated clothes were mainly of those who changed their fashion according to



time. Thus the students got almost new clothes from everywhere. Students also made a whole

classroom to store the clothes. Each clothes were packed separately and 2000 different types of clothes were collected. The collected clothes were distributed to Okhi victims, Rohingya

Refugees and the Inhabitants of Old Age Homes. Teachers and staffs stood with the students from packing to distributing. Chairman Shemin Shaharas, Secretary Abdul Raoof, Volunteer Secretary Megha Surendran, CH Muhammed Ashik and P Asna led the team. http://www.manoramanews.com/nattuvartha/north/2018/01/10/college-dress-bank-10.html







MOISONO POR SENTE POR SENT

ദുരിതബാധിതർക്ക് വസ്ത്രമെത്തിച്ചു നൽകാൻ വിദ്യാർഥി കൂട്ടായ്മ

KIDNEY DISEASE DETECTION CAMP (27-02-18 TO 28-02-18)

A simple blood test can accurately detect kidney disease and life style diseases. In an endeavor to raise health awareness and to highlight the importance of regular health check-



ups, the National Service Scheme Unit of N.A.M College Conducted Free Blood Tests and Health Check-up Camps with the support of Pain and palliative Unit Kariyad. The first camp was held at adopted village. The tests were free of costs for the takers. Sri Sameer Parampath (Standing Committee Chairman , Thriprangottur Grama Panchayath) inaugurated the camp at 9.30 a.m. Around 110 residents of the area utilized this opportunity

The second day camp was held at college for students at college in association with the palliative care unit Kariyad. The function was inaugurated by Principal Dr. K.K.Musthafa. The programme officers and other teaching and non-teaching staffs were attended in the function. Around 80 students were participated in the programme.









Re- 4 PROJECT 10-03-18

The Re 4 project of this year has been ended and taken all the plastics collected from each schools to the Valiyavelicham recycling center. The selected volunteers got trained for distinguishing plastic products according to their type on 19/08/17.

The plastic collected during Swachtha Pakwada project and the plastic collected collected from college premises had also been sent along with the plastic collected from schools. 45 NSS volunteers went to Valiyavelicham recycling center to study about the processing work. Shanid Valliyad operated the cycling units very critically. The students were shown with the transfer of plastic bags into plastic cores. It was a new experience forthe students. Program Officer Namshad K.P, Volunteers MeghaSurendran, Anjali V.K and Muhsina T.K led the program.







HOME FOR HOMELESS PROJECT (SHELTER FOR THE NEEDY) 22/03/18

The agony of being homeless..It can be the most tormenting and anguishing thing in one's life. EMEA NSS volunteers decided to extend a helping hand by doing whatever they could give that helpless people a roof over their head. The NSS volunteers are committed to finish the

construction of the house by the year 2018, so as to provide succor that homeless family. The students of EMEA College, under the aegis of NSS unit, are constructing homes for their homeless in adopted village. Drawing inspiration from NSS University Cell, volunteers started fund rising programmes. In this year the unit constructed a home for Chandran, he belongs to a poor family in our adopted village. The volunteers collected

amount of 3 lacks and with the support of Thriprangottur panchayath they provided 2.5 lack.







MIRROR FOR ZERO ACCIDENT 29/03/18

Students of NAM college kallikandy has found an innovatory techniques to solve traffic problem at college junction. Drivers were unable to view vehicles on opposite side.

NSS unit and college union in co-ordination with college Alumini and Home village, puthur has placed 2 convex mirrors at the hairpin curve. This was inaugrated by vice principal. Dr. K.K.Muhammad Kutty. Union chairman shamin shaharas, secretary Abdul Raoof A.T , Muhammad Panoor, Aabith K , Shaheen P, Fathah C and Junnaeth V addressed the function.





NAM @MAITHRI PROGRAMME07-09-2016



they were with the blessings of God.

The NSS units 31&32 celebrated Onam with variety of programmes at Mythri special school kadavathoor. In the morning around 30 volunteers with programme officers went to the Mythri i school. The volunteers decorate the school and the students of Mythri with the dress of Mahabali. At Mythri there were students different ages with disabilities ofhearing, speaking and mentally ill, autism etc. the volunteers interacted with them and distributed chocolates . There was beautiful cultural programme by the special school students and our volunteers. Really our volunteers realized that how lucky

The official session began at 12.30 pm. Principal smt.Aarathi delivered welcome speech. College principal Dr. K.K.Musthafapresided over the function.

Panchayath president Sri. KattoorMahamoodinaugurated the function. Dr.TMajeesh, Dr. M.K.Madhusoodhanan, Lt. Ap. Shameer, NamshadK.P, Minimol.V.k and other administrative members of the school, members of management committee of our college were attended the function. After the official function we arranged grand Onasadhya. The principal and other members had foodwith the students of Maithri.

The departure from the school was a heart touching moments. day very much.





ONAM CELEBRATION 9-08-16





NSSunitcelebrated Onamat college on 9thseptomber .There was grandOnasadhyaand cultural programme on that day. The volunteers arranged Onanappokkalam and participated in various cultural programme like



onappattu, musical chair , bottle filling , tug of war etc. the programme ends at $4.30\,\mathrm{pm}.$

RECEPTION TO MANAVA KARUNYA YATHRA AT KALLIKKANDY 20-10-16

As the direction from Kannur university NSS cell the NSS unit organized a reception programme at Kallikkandy town. The programme was assisted with Thrippangotturgramapanchayath. We hosted the leader of Manavakarunyayathra, Father Davis Chirammel and other members of university with a grand procession. The ward members of Thrippangotturgramapanchayath, kudumbasree members, all the teachers and students of our college and the public at Kallikkandy were attend the function. Principal Dr. k.KMusthafa received father with

flowers and honored with ponnada. Programme officer Smt .Minimol.V.Kdeliverd the welcome speech. Dr. K.k.Musthafa presided over the function. The Panchayath President inaugurated the function. The programme co- ordinatorSri K.P Muhammed described the motto of the yathra. The keynote address was delivered by father chirammel, and vote of thanks by Sri SameerParambath. There was a huge crowd to hear the voice of father Chirammel. Around 6.00 pm the function ended.

On 21st October there was a medical camp, kidney test and eye test for the public. The programme was conducted at the Pancyath hall. The team from Al-Salama eye hospital conducted the eye test and



members of Kariyadu palliative unit conducted the kidney test. Around 130 people for eye test and 230 people for kidney test. 20 people were directed for cataract test and 15 were directed for detailed evaluation. In the case of kidney testing no serious issues were find out. The programme was ended at 3 pm. In connection with this pogramme the volunteers conducted survey for two days.







KIDNEY TEST AND EYE TEST

KALLIKKANDY -21-10-16



The NSS units of NAM College organized a kidney test and eye test at Kallikkandy town for the public. The programme were arranged atthe panchayath hall. The programme started at 8.30. The Medi Check group of Kariyad conducted the kidney test. Al-Salama Eye hospital at Kannur conducted the eyetest. It was great success. The Panchayth member Sameer P,Programme officer

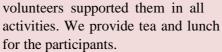
K.p.Namshad,Smt.Minimol V.K were led the programme .Principal Dr.K.K.Musthafa, Dr. M.K Madhusoodhanan, were participated in the

function. Around 137 people tested their eyes, among this 34 people were directed for cataract evaluation and 20 were directed for detailed evaluation. For kidney test 175 members were participated. Among this in 5 membersthere is trace of albumin present. No othersevere problem couldn't find. Till 2.30 the programme continued .45 volunteers were participated in the programme for assisting the doctors and the public.

WORLD DISABILITY DAY OBSERVATION 3-12-16

NAM College NSS observed world disability day in connection with Panoorgramapanchayath. The

progrmme wasinaugurated by Panchayath president KattoorMuhammed. Principal Dr. K.K. Musthafa presided over the function. Programme officer sri. Namshad K.P, Shameer A.P HaseebV.V,Smt. Sreeja K. V Were attented the function. We organized variety of programmes to entertain the disable students. Around 400 students were participated in the programme. Our











ENERGY CONSERVATION RALLEY 14-12-16

The NSS unit of NAM College conducted an energy conservation awareness rally with the support of Energy Management Cell Kerala. The rally was conducted at Kadirurpanchayath. The panchayath president Smt. Sheeba flagged off the rally. PrincipalDr.K.K.Musthafa presided over the function, programme officer Smt.



ENERGY CONSERVATION AWARENESS WORKSHOP-21-01-17&24-01-17

1) Awareness workshop at Chokli

The programme was conducted on 21-01-2017 at MathiyambathL.P.school.Theprogramme was inaugurated by the college principal Dr..K.K.Musthafa. Ward member Sri. Shanid k presided over the function. Sri. Rishikesh Rtd.AE from KSEB and also trained from EMC handled the class. NSS programme officer Smt.Minimol V.K delivered welcome speech, Lt.A.P. Shameer Prof. M.K. Sahir felicitated on the function. Sri.Anilkumar.P standing committeeconvener expressed the vote of thanks.

80 members including Kudumbasree and other public participated in the function. We distributed LED bulb to the participant at a rate of 50. And also collected the electricity bill for the last month. The resource person directed them to reduce the bill by efficient managing of electrical devices. We provided refreshment for the participant.

2) Awareness workshop at Kallikkandy

The programme was conducted on 24-01-2017 at KallikkandyPanchayath hall. The programme was inaugurated by the Panchayath President Sri. Kattoor Muhammed, Dr. K. K. Musthafa presided over the function. Sri. Rishikesh Rtd. AE from KSEB and also trained from EMC handled the class. Standing committee Chairman Sri. Sameer Parambath delivered welcome speech, Lt. A.P. Shameer Sri. Namshad K.P. Panchayath vice president NelliyattNisha felicitated on the function. NSS Programme officer Smt. Minimol V.K expressed vote of thanks.

111 members including kudumbasree and other public participated in the function. We distributed LED bulb to 100 participant in a rate of 50Rs. And also collected the electricity bill for the last month. The resource person directed them to reduce the bill by efficient managing of electrical devices. We provided refreshment for the participant.

The two activities conducted by the NSS unit of our college with the financial support of Urjakiran and EMC gave an effective outreach programme to our institution. As the part of follow up activity we directed our volunteers to make awareness campaign in home by giving notices and instruct them to monitor next six months electricity bill. And also offered free LED if there is gradual decrease in the electricity bill by the efficient use of electrical devices. We were also very grateful by conducting such an extension activity with a relevant topic such as energy conservation.

WATER ANALYSIS AND AWARENESS CAMPAIGN.



Department of polymer chemistry conducted a water conservation campaign from 07-02-2017 to 13-02-2017 in the title of **"pure water for good health"**. The aim of the program was to detect the purity of drinking water and to determine whether it is suitable for human consumption. 40 Students along with NSS programme officer K.P.Namshad made the program a great success.

Samples of water were collected from people who attend the

malyzed and result was distributed.

The program achieved a great success by the support and coordination of Panchayath members, Kudumbasree, students and teachers. This program helped the people in and around Thriprangottur to assure purity of water in their wells.

Venue: Thendaparamba LP School (Ward 18) 06/02/17 to 14/02/17

Date: 07/02/2017

Programme was inaugurated by Thriprangottur Panchayath President Sri. Kattoor Muhammad and



Presidential address was given by Principal of NAM college Dr.K.K.Musthafa.Felicitation was given by ward member A.P.Ismayil (Ward XVIII), Sakeena Thekaail(Ward Member, Thriprangottur, Gramma Panchayath), Professor Muhammad Ismail. K M (Head Of The Department of Polymer Chemistry), K.P.Namshad (Programme Officer NSS), B.K.Muhammad, K.K.Sreejith, Shaukath Ali Eroth and K.P.Aysha Kunhabdulla.

After the inauguration session, an awareness class about "pure water for good health" was given by

Shoukath Ali Eroth and initiative talks were done by Muhammad Ismail. K M (HOD of Polymer Chemistry).

Around 200 common people were participated in the programme. Afterwards the water sample, they brought were collected and analyzed by the students. The report was given to them through the ward member KP Ismayil.

Venue: Thriprangottur Grama Panchayath Hall (Ward 11)









Date: 09/02/2017

Muhammad Kattoor (Thriprangottur Panchayath President) inaugurated the function.Sri. Sameer Parambath made welcome speech. Mr. P Namshad presided over the function. Felicitation was made by K P Ismayil, P Kamala, S Surenndran and V T Rashid.

After the inauguration session an awareness class about **"pure water for good health"** was given by Shoukath Ali Eroth. More than 200 people were participated in the programme. Afterwards the water sample, they brought were collected and analyzed by the students. The report was given to them through the ward member Sameer Parambath.

Venue: Paremmal Madrasa Hall (Ward 13)

Date: 11/02/2017

Dr K.K. Mustafa (The Principal NAM College) inaugurated the function. K P Namshad made the welcome speech. Muhammad Kattoor presided over the function. Felicitation was made by Mini Mol VK, Rashid KP and Megha Surendran.

After the inauguration session an awareness class about "**pure water for good health**" was given by Rajan Vengad. Around 200 people were participated in the programme. Afterwards the water sample, they brought were collected and analyzed by the students. The report was given to them through the ward member Muhammad Kattoor.







ജലപരിശോധനാ ക്വാംപ്



കൂടിനെള്ള പതിശോധന ക്യാംപിന്റെ ഉദ്ഘാടനം തുപ്പത്തോട്ടൂർപഞ്ചായത്ത് പ്രസിഡന്റ് കാട്ടൂർ മുഹമ്മദ് നിർവഹിക്കുന്നു

ത്വിപ്രങ്ങോട്ടൂർ



2016 സെപ്റ്റാബർ 8 വ്യാഴം

കല്ലിക്കുന്തി എന് എ എം കോളതിലെ വിദ്യാർത്ഥികൾ ചെയ്യതിന്പേഷൻ സ്കൂളിൽ സംഘടിചിച്ച ഓനോബോഷ പരിപാടി പഞ്ചായത്ത് പ്രസിഡന്റ് കാളർ മുഹങ്ങർ ഉൽഘാടനം ചേയ്യുന്നു.

ച്ചത്. പഞ്ചായത്ത് പ്രസിഡൻറ് കാ സാരിച്ചു.

തൃപ്രത്തോട്ടൂർ പഞ്ചായത്ത് 18ാം വാർഡിൽ ജഖപരിശോധന ക്യാമ്പ് ഉദ്ഘാടനം പഞ്ചാം പ്രസിഡൻറ് കാട്ടൂർ മൂഹമ്മദ് നിർവഹിക്കുന്നു









17 പൊബ്രൂവരി09 വ്യാഴം

കിണറുകളിൽ ജല പരിശോധന

പന്ന്യർ വാർഡിലെയ്യാന് പര്മ്മാർ പ്രജ് പര്മാർ വ്യൂപ് പര്യമായി പരവര്യമായി പര്യമായി പരവര്യമായി പരവര്യമായി പരവര്യമായി പര്യമായി പരത്രവര്യമായി പരത്രമായി പര്യമായി പരത്രവര്യമായി പരത്യമായി പര്യമായി പരത്യമായി പര്യമായി പര

FIRST STAGE MASK DISTRIBUTION

The NCC unit of NAM College Kallikkandy made 750 cotton mask and the same were distributed to local body at Trippangottur Panchayath. 10 cadets were involved to make this mask. The cloth material was distributed to cadets. They made mask at their houses. NCC officer Lt Shameer A P distributes the mask to the chairman of Health standing Committee of Tripragottur Panchayat on 13-may 2021. Sri A P Ismayil , C Sathyan, Smt A C Shereena members of panchayath were attended the function. UO Vidhun P P Cdt Aswanth A C, Cdt Adwaid P, Cdt Mayookha , Cdt P K were also presented .

NCC NAM COLLEGE KALLIKKANDY *ഒന്നാം ഘട്ട മാസ്ക് വിതരനോദ്ഘാടനം* 'തൃപക്കോട്ടൂർ ഗ്രാമപഞ്ചാക്കത്തിൽ'

















NCC NAMC 31(BN) KERALA

RAIN HARVESTING PITS

The NCC unit of NAM College Kallikkandy constructs 56 rain harvesting pits during the lock time period. All senior division cadets (ie 28 cadets) actively participated in this venture. Cadets constructs pit at their houses. Each cadet made two pits in their houses. Anticipating an upcoming drought the cadets are making the lock down period creatively and constructively by saving rain water. The most of this even is to save rain water and save life. We prefer the number 56, because, the last two digits of Disha Help line number (1056) as a tribute to the health department. The official inauguration this event is done by our beloved Principal Dr. K K Muhammed Kutty on 18 may 2020 and he constructs a pit at college. The NCC officer Lt. Shameer A.P , presided over the function. Dr M K Madusoodanan, Dr Joy Varkey, Sri Ali K, Jr Suprd, Sri M Gafoor , Head of Accnt, Sri Munfar KAppil , Librarian and others were present the function. SUO Jishnu K, UO Aswanth K M were lead the programme.



SECOND STAGE MASK DISTRIBUTION

100 Nos. of masks handed over to AO Col. D'Silva on 26-May 2021 by NCC officer Lt. Shameer A P and CQMS Anjinath K B , Aswanth A C , Adwaith P, Athul Raj C and Aswin Raj were participated. NCC unit also give 10 bottles of Sanitizer which is made by college students.



Third Stage Mask Distribution at Fire force Kannur



NCC unit distributed 100 number of mask to Fire Force unit Kannur which was made by our cadets. NCC administrative Officer D'Silva handed over to the mask to sri E Unni Krishnan, station master on 26- May 2021. Sub Maj K Sudindran, Fire rescue Asst K K Dileesh, NCC Officer Lt Shameer A P, Anjinath K B, Aswanth A C, Adwaith P, Athul Raj C and Aswin Raj were participated

WORLD ENVIRONMENT DAY

As part of the National Environment day celebration, NCC unit observed environment day on 5-6-2020. Cadets planted trees saplings around their houses. Cadets cleaned their home premises. NCC unit also conducted poster making competition and extempore competition among. This campaign helps to raise awareness among students about the environmental issues as well as take positive environmental actions. All cadets actively participated in this event. Dr. Lt Shameer A.P , NCC Officer inaugurated the function through online meet.





BLOOD DONATION

The NCC unit organized a blood donation camp on 18th June-2020 as part of world blood donor day. 10 students donated the blood at Malabar Cancer Centre Kodiyeri. NCC Officer Lt. Shameer A.P donated the blood and inaugurated the function. Anjinath K B, Abhinand P K, Aswanth C, Amal P were lead the programme.



HOME FOR HOMELESS- REIEF FOR FLOOD VICTIMES

Flood affected area- Cleaning







3. Flood affected Fund and material collection





4. Flood affected – House hold distribution



URJAKIRAN ENERGY CONSERVATION AWARENESS PROGRAMME

As part of Urjakiran project, the NCC unit of this college conducted two energy conservation awareness programs at Tripragottur and Kunnothparamba Panchayat. The objective of this programme is to create awareness among the public to equip them for the efficient management of energy. Tripragottur Panchayath President Sri. Suresh Babu inaugurated the function on 30-01-2020 and Kunnothparamba Panchayath President Sri. Karuvankandy Balan inaugurated the second programme on 03-02-2020. Govt employees and other publics were participated the function.

As part of the energy day celebration, the NCC unit organized a signature campaign at Panoor in association with Energy Management Center Kerala on 13-12-2019. Muncipality councillor V Haris inaugurated the event. NCC officer Lt Shameer A.P Presided over the function. Total 48 Cadets and 50 other students were participated.





REPORT ON NSS ACTIVITIES 2021-22

There are 2 units in the college (unit 31 and 32) with a strength of 200 volunteers. Among them 59% are females. Both units together conducted a number of activities from the beginning of the academic year (2021-2022).

World Environment Day

World environment Day was observed on 5th June 2021 by planting the saplings by the volunteers for encouraging awareness and action of the protection of the environment.



ORMA MARAM

The volunteers of the two units of the college commemorated the former Regional Director Mr Sahith Babu by planting 200 sapling on 5th June 2021.



INTERNATIONAL YOGA DAY

International Yoga Day was observed on 21st June 2021 by practicing Yoga in homes and sending the video to the Whatapp group of the NSS Units of the College.

INTERNATIONAL DAY AGAINST DRUG ABUSE

International Day against Drug Abuse and Trafficking was observed on 26th June 2021.



ANAEMIA PREVENTION CAMPAIGN

Anaemia prevention campaign was conducted on 22 June 2021 in association with ICDS koothuparamba Additional.

Dr Deepthi Ayushgram Koothuparamba and Mrs Preetha PM -CDPO Koothuparamba lead the campaign.



ONAM CELEBRATION

NSS units of the college celebrated Onam the festival of Kerala by organising various competitions to students of the college. The competitions were held in "Pookkalam" and "Onappattu".



NSS Day

NSS Day was observed by the Volunteers through Poster Campaign on 24th September 2021. Science Class Series

In association with the Kannur District Library Council and Kerala Shastra sahitya Parishad, the NSS units of the college conducted a science class series from 25th November 2021 to 28 November 2021.

Dr A Sukesh Assistant Professor Government Engineering College Kannur Dr P Mohandas former Member of PSC Kerala, Mr TV Narayanan and Mr C K Radhakrishnan took classes on various topics.



Volunteers visited at differently abled children's Maithri Special School, Kadavathur and served them for one day on their Annual Day Celebration on 19 Feb 2022.



Blood donation cam was conducted on 3 Feb 2022 and collected 65 students blood for the cancer patients of Malabar Cancer Centre, Thalassery.







RESIDENTIAL CAMP

7 Day Residential Special Camp "Othorumich" was Conducted for the volunteers from 24 January 2021 to 30 December 2021. The Camp was inaugurated Mrs.Shameena KP, Thriprangottur Grama Panchayath Health and Education Standing Committee Chairperson. Thuvakkunnu-NAM College road cleaning was the major project work done during the camp.













Free Eye testing and camp was organized on 20 Feb 2022 for the general public from Thriprangottur Grama Panchayat and Kunnothu Paramba Grama Panchayath.

